

## Motown Madness Meet at Oakland University

**Saturday, March 7, 2009**

Bronze, Silver, & Gold

7:30am	Gymnast Check-In
8:00am	General Warm-Up
8:30am	Timed Warm-Ups
8:45am	Competition Begins

*(This meet is different than our last meet. Gymnasts have 15 minutes to warm-up an event and then they will compete that event. Then they go to the next event and warm-up and then they compete on that event, etc...)*

They have already told us that we will be broken into more than 1 group since we have such a large team. This means that one group may be on vault, while the other is on bars. They pick the groups for us.

Other teams that will be there are: Olympia, Downriver, Stars & Stripes, Midland, Mega, and Waters Edge

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### Team Summer Camp

I know that you are already starting to think about summer camps for your kids. We have our entire summer camp schedule posted online at [AmericanAllstarsKids.com](http://AmericanAllstarsKids.com) if you are interested. Some of you have also talked about going to Pennsylvania for a gymnastics camp. I have personally been to Woodward Pennsylvania and Michigan State for gymnastics camp as a gymnast and enjoyed both. Those types of camps are expensive, but they are very beneficial.

We have our own team camps during the summer. We will not have regular practice the weeks of camp. Camps are the following weeks:

<b>July 20<sup>th</sup> – 24<sup>th</sup></b>	<b>9:00am – 12:00pm</b>
<b>August 10<sup>th</sup> -14<sup>th</sup></b>	<b>1:00pm – 4:00pm</b>

Thank you for all the support!

If you have any questions please let me know!

Amy

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