

Prep Op Team

June 2009



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Team Banquet

Coach Missy and I would like to thank everyone for a successful team banquet. Thank you to all the gymnasts and parents for helping out and participating. It was fun to see all of the girls dressed up and outside of the gym setting. The food was delicious and in abundance! We hope that everyone left very full.

I especially hope that you enjoyed watching some clips and highlights of the season. It was so much fun to make the video collage and see the growth and change of each gymnast from meet to meet and from the beginning of the season to the end. The progress each girl made this season made all of the coaches very proud.

Again we want to thank Grace Church for letting us use their space and to all the parents and kids who helped us clean up. The church staff commented on how nicely everything was put back in place and how impressed they were with the respect that we used their space.

I hope that all the gymnasts know how awesome they did this season and how much the coaches enjoyed the banquet.

Thank you! Thank you! Thank you!

Coach Amy, Coach Missy, Coach Jess, and Coach Carey

2009-2010 Parent Team Meeting

The parent team meeting for next season is Wednesday, June 3rd at 7:45pm. There is an outline for next season that will be passed out. If you are not able to attend please make sure you ask for the handout.

Check the Web!
AmericanAllstarsKids.com

Memorial Day Parade

Thank you to all of the team girls who participated in the parade. You ladies did an amazing job representing the gym!

Congratulations on your state meet performance.

Bronze Team:

109.325

2nd place

Silver Team:

106.8

6th place

Gold Team:

Taylors you rock



If you have any pictures you would like to share e-mail me at amkinney8@yahoo.com (my work e-mail won't hold pictures)

June



Sun	Mon	Tue	Wed	Thu	Fri	Sat
	1	2	Practice 6:00-8:45 Parent Meeting 7:45	3	4	Practice 5:15-7:30
7	8	9	Practice 6:00-8:45	10	11	Practice 5:15-7:30
14	15	16	Practice 6:00-8:45	17	18	Practice 5:15-7:30
21	22	23	Practice 6:00-8:45	24	25	Last Friday Practice 5:15-7:30
28	29	Gym Closed	Gym Closed	Gym Closed	Gym Closed	Gym Closed



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Goodbye Coach Jess

June is going to be Coach Jess's last month with us. She will be moving out of state with her new husband. We want to thank her for all the conditioning exercises and support she has given Prep Op over the last 2 seasons. We wish her nothing but the best and hope that she will stay in contact.

Thank You!

Team Summer Schedule

Team Summer Camps

July 20th – 24th

9:00am – 12:00pm

August 10th -14th

1:00pm – 4:00pm

We also offer a variety of camps during the summer that gymnasts, siblings, or friends may be a part of.

Summer Practice Schedule (starting July 6th)

Monday 5:00pm-7:30pm

Wednesday 10:00am-12:30pm

Be Considerate

COURTESY

Be Nice