

Prep Optional Team 2010-2011

Welcome to the 2010-2011 American Allstars Gymnastics Prep Optional Team! We are super excited to kick off our new season and can't wait to get started. Just a reminder that your child has been invited and enrolled to begin this special program on July 5th. We hope that you and your gymnast are as excited as we are!

☺ Coach Amy & Coach Missy ☺

July

Word of the Month: Attitude

Monday	Tuesday	Wednesday	Thursday	Friday
			1 Gym Closed	2 Gym Closed
5 Practice 5:00-7:30	6	7 Practice 10:00-12:30	8	9
12 Camp 9:00-12:00	13 Camp 9:00-12:00	14 Camp 9:00-12:00	15 Camp 9:00-12:00	16 Camp 9:00-12:00
19 Practice 5:00-7:30	20	21 Practice 10:00-12:30	22 Sleeveless Leo Payment Due*	23
26 Practice 5:00-7:30	27	28 Practice 10:00-12:30	29	30

* Payment may be made prior to 7/22, otherwise auto-billing will take effect.

August

Word of the Month: Charity

Monday	Tuesday	Wednesday	Thursday	Friday
2 Practice 5:00-7:30	3	4 Practice 10:00-12:30	5	6
9 Camp 1:00-4:00	10 Camp 1:00-4:00	11 Camp 1:00-4:00	12 Camp 1:00-4:00	13 Camp 1:00-4:00
16 Practice 5:00-7:30	17	18 Practice 10:00-12:30	19	20
23 Practice 5:00-7:30	24	25 Practice 10:00-12:30	26	27
30 Practice 5:00-7:30	31			

September

Word of the Month: Leadership

Monday	Tuesday	Wednesday	Thursday	Friday
		1 Practice 6:00-8:30	2	3 Practice 5:00-7:30
6 GYM CLOSED	7	8 Practice 6:00-8:30	9	10 Practice 5:00-7:30
13	14	15 Practice 6:00-8:30	16	17 Practice 5:00-7:30
20	21	22 Practice 6:00-8:30	23	24 Practice 5:00-7:30
27	28	29 Practice 6:00-8:30	30	

248-668-9805 AmericanAllstarsKids.com

American Allstars Gymnastics Academy 3275 Martin Rd. Ste 125 Commerce, MI 48390