

Adult Intensive Outpatient Program

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The Intensive Outpatient Program is designed to meet the unique needs of adults who have difficulties related to alcohol/substance abuse. The primary purpose of the program is to help adults develop the basic skills needed to maintain a healthy lifestyle that is drug and alcohol free. Chemical dependence is treated from a holistic perspective including psychological, physical and social issues. The Intensive Outpatient Program addresses the challenges facing anyone in recovery (i.e. self-esteem, interpersonal relationships and handling the stresses of each day).

Treatment is offered by a team of professionals who possess extensive experience in chemical dependency treatment. Community Care Services professional staff includes psychiatry, nursing, and social work. The treatment team works together to ensure that assessment and treatment approaches are comprehensive, individualized and focused on skill development specific to the needs of each individual. Services are provided in a caring way that enhances the personal growth and dignity of those seeking treatment.

The Intensive Outpatient Program services include:

- Rapid access to services.
- Transportation to and from the clinic.
- Assessment and evaluation.
- Individualized treatment planning.
- Integration of community supports and resources.
- Introduction and linkage to AA, NA and other support groups
- Individual, group and family treatment modalities.
- Educational groups.
- Drug screening.
- Family support services.
- Aftercare planning and referral.
- Specialized Women's program

The structured and highly focused treatment services of the Intensive Outpatient Program target specifically those

- Who have been unsuccessful in achieving treatment goals through participation in traditional outpatient services;
- Who desire to prevent further relapse and potential admission to an inpatient or residential setting;
- Who may be unwilling or unable to participate in a 24-hour program due to obligations, work, care taking, etc.;
- Who require the structure of an intensive service following discharge from an inpatient or residential/detoxification program.

Cost of Services

Medicaid and many other insurance plans cover the Program costs in full. Those without insurance and who are seeking either reduced fees or full coverage may discuss their needs with Community Care Services' Intake Department (313-389-7500).

***For more information,
call 313-389-7525.***